

HONOR HEALTHY BOUNDARIES, GET CONSENT!

Consent happens when everyone involved agrees and gives permission to do something.

The best way to give and receive consent is verbally with a **“Yes”** or **“No”**



“Are you okay with this?...”
Yes, let’s do it!”
“Can I kiss you?...”
Yes!”



“Are you okay with this?...”
I guess.”
“Can I kiss you?...”
silence

Consent for one thing does not mean consent for everything! Consent needs to happen for each behavior and every interaction.

It’s ok to say NO! Consent can be taken back at any time.

“I don’t like this, let’s stop.”

“I change my mind, I don’t wanna do this anymore.”

True consent is given freely, not through pressure, threat or intimidation.

Asking for consent let’s our partners, friends and loved ones know that we HONOR them! GET CONSENT!



COALITION to STOP
VIOLENCE AGAINST
NATIVE WOMEN

4600 Montgomery Blvd NE, Ste B202 • Albuquerque, NM 87109 • Phone: (505) 243-9199 • Fax: (505) 243-9966
www.csvanw.org

For more information, visit us on    