

# YOU ARE RESILIENT!



## YOUR KNOWLEDGE IS POWERFUL!

### Indigenous Youth Empowerment

- Means that we stand up for our rights because we are the experts of our own experiences. Our safety is important!
- Indigenous young people hold knowledge that is grounded in love for our land, water, and our people. Respect, acknowledge, and support our passionate efforts.

### Empower Native Youth By:

- Support us – Silence can often speak louder than words
- Listen to us
- Acknowledging and encouraging our efforts
- Allow us to pursue our beliefs
- Respect our need for cultural space
- Encourage self-care and emotional wellbeing
- Hold space alongside us

**We respect your right to be heard!**



COALITION to STOP  
VIOLENCE AGAINST  
NATIVE WOMEN

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